



# PETER & ELIZABETH TOWER FOUNDATION

## Programs & Services

### Application Preview

Through the Programs & Services portfolio, the Tower Foundation entertains requests for grants to support organization-level work to address the needs of individuals and families affected by intellectual disabilities, learning disabilities, mental illness, and/or substance use disorders. For more information on the types of projects that may be a fit for this funding opportunity, see the Programs & Services Guidelines.

This document provides an overview of the online application process from the preliminary grant submission to the full proposal (by invitation only). Create a request in the Tower Foundation online portal to get started on your preliminary application: <http://thetowerfoundation.fluxx.io>

## PRELIMINARY GRANT SUBMISSION

### Organization Information

We're looking for some pretty standard information here. Where do you work, who do you serve, and what do you do?

1. Which of the Tower Foundation counties does your organization serve?
2. What age groups does your organization serve?
3. Organization's current/most recent annual operating budget
4. What is your organization's mission?
5. What services/programs does your organization provide?

### Project Details

- 1. Project Summary: What are you trying to accomplish? (300 character limit)**  
Imagine explaining your project in two very short sentences (or one tweet). That's what we're looking for here. This is the express elevator pitch. Don't worry, we promise to keep reading.
- 2. What do you want to do? (No character limit)**  
This is the longer, slower elevator pitch. We're looking for a high level, general description of what you're trying to accomplish. Don't get into the concrete details/day-to-day aspects of the project yet — that's going to come up later in the "How do you want to do it?" section.
- 3. Why do you want to do it? (No character limit)**  
Tell us why you see your project as important and/or urgent. Give us some background information to help us understand the issue(s) and how it affects your community.  
  
This is also where you'd want to make some really clear connections between your project and the Foundation's goals (they're listed in the grant guidelines).



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If you're trying something completely new, tell us why you think it will work/be helpful. If this is something that's been done elsewhere (or in a different context/with a different population), tell us why you think it will import well to your community and/or the people you serve.

#### 4. How do you want to do it? (No character limit)

Now you can get into the nuts and bolts of your project's activities! Be as detailed and concrete as you like (remember: no character limits, but be kind — we have to read 40 or 50 of these!). If your project will depend on the strength of local partnerships, be sure to describe where these stand and what you'll do to develop and nurture them.

#### 5. What do you need to do it? (No character limit)

Since you're applying for a grant, we assume you need money. Give us a sense of how much money you need and what you expect to spend it on. If it's not necessarily obvious how an expense fits in with the project you're proposing, feel free to offer a brief explanation here.

The Tower Foundation allows organizations to apply an administrative and overhead rate of 15% on grant requests over \$100,000, and 20% for requests of \$100,000 or less. The administrative and overhead rate for colleges and universities is capped at 10%. If, for some reason, you don't want to take any administrative/overhead, that's fine — just be sure to make that explicit in this section so we know that's your plan and not an oversight.

Even though this section seems focused on the dollars, some required resources might not come with a price tag. If it makes sense, you can also use this section to discuss less tangible requirements (e.g., culture change, interagency cooperation, and community engagement).

Once submitted, the Foundation reviews each application to determine whether it wishes to explore the opportunity further through a phone call or meeting. Applicants will be notified by email approximately three weeks after submitting their preliminary grant request as to whether the Foundation will invite further discussion. Further discussion is not an indication of likely support.

## FULL PROPOSAL

You will have about **six weeks to submit the final proposal** through the online portal after receiving an invitation. During this time, you will be paired with a Program Officer who will guide you through the full proposal process. Your Program Officer will work with you to provide feedback on your preliminary online application, develop a timeline for narrative revisions and submissions of each additional component, and facilitate a conversation about performance indicators for your project.

*As the Tower Foundation full proposal process is iterative and interactive, please make sure that you have a point person who will be available to work with your Program Officer during the six-week time period following your full proposal invitation.*

The narrative required for the preliminary online application and the full proposal is **identical**. In fact, your prior responses will be copied over to your full proposal for you. Your Program Officer will most likely have some revisions to suggest in these sections.



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## Additional Proposal Components

In addition to any revisions to the narrative section, there are several additional components included in the full proposal:

### 1. Work Plan

The work plan can take lots of forms. For some it might be a table, for others it may be a logic model or theory of change. We are open and flexible to the format that works best for you and your team as long as we have the information we need to fully understand your project (who, what, by roughly when).

### 2. Performance Indicators (Evaluation)

We are interested in the data that is most important for you in your learning and monitoring progress with this project. The performance indicators section should capture your answers to three questions: (1) How much did we do? (2) How well did we do it? (3) Is anyone better off as a result of our project?

Your Program Officer will facilitate a workshop with you and your project team (lasting about an hour) either in-person or via videoconference to identify a handful of indicators for each of those questions. We've found this workshop format saves applicants time in developing measures that are both realistic and informative. It also ensures that applicants and the Foundation are on the same page as far as what's important to track and measure.

### 3. Budget & Budget Narrative

Last, we are looking for a detailed budget and budget narrative that describes how much you are requesting of the Foundation, how much (if any) you have secured as requested from other sources, and how much (if any) in-kind or cash support your organization is providing. More budget guidance can be found on page four (4).

## Attachments

The following documents are also required:

- Quotes for goods or services exceeding \$1,000
- Current list of board members
- Resumes or job descriptions of key personnel associated with the project
- Letters of collaboration from relevant partners
- Current board approved annual operating budget, including expense and income
- Most recent annual financial statement

## How Do I Get in Touch with the Foundation If I Have More Questions?

If you have questions about the Foundation's Programs & Services funding opportunity, please contact us. You can send us an email at [info@thetowerfoundation.org](mailto:info@thetowerfoundation.org) or schedule a 30-minute phone call with a Program Officer at <https://towerfdn.link/30-min-call>



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## Programs & Services Budget Guidelines

Applicants to the Programs & Services portfolio who are invited to submit full proposals will develop a budget and budget narrative for each year of the project. The budget and budget narrative should clearly outline all expenses associated with implementing the proposed project. They should also include all revenue sources known, including any cash and in-kind contributions from the organization and funding from other sources. Quotes are required for purchases of goods or services exceeding \$1,000.

A budget template is available on the website and in the online grant system. If you have another template or budget form you prefer to use, please do so provided the information below is addressed.

### 1. Direct Expenses

Direct expenses are costs that can be directly attributed or allocated to the project.

#### *a. Personnel*

Itemize all personnel costs for staff directly involved in the project. In the budget narrative, include the full annual salary for the individual and what percentage of their time will be spent on the project. Please include pro-rated figures for payroll taxes and fringe benefits (e.g., health insurance and retirement benefits) as a separate line item.

#### *b. Non-Personnel*

Itemize all non-personnel costs, including costs needed to directly support the implementation of the project (e.g., consultants, travel, and supplies). Consultant services may be detailed in the budget narrative or referenced in an attached scope of work.

The budget narrative must offer a detailed breakdown of each expense. For example, a line item for \$1,200 in teacher training supplies could be detailed in the budget narrative as: \$12 per binder, including handouts, for 100 teachers.

Under most circumstances, we will only accept costs such as rent and phones as part of your indirect costs.

### 2. Indirect Costs (Administrative/Overhead)

Indirect costs are expenses that benefit the organization as a whole. While we do not require that indirect costs be itemized, expenses classified as indirect typically include:

- Rent and utilities
- Audit and legal
- Accounting
- Human resources
- Finance
- Administration
- Fundraising costs
- Maintenance
- Information technology (including telephone)

Applicants for grants with direct costs totaling \$100,000 or less may request up to 20% of their grant-funded expenses in indirect costs. Applicants for grants with direct costs totaling \$100,001 or more may request up to 15%. (For example, a grant request for \$130,435 in direct costs may include up to \$19,565 for indirect costs, for a total grant of \$150,000.) Indirect costs for grants from colleges and universities are limited to 10%.