



PETER & ELIZABETH TOWER FOUNDATION

2019 Grant Guidelines

Programs & Services

The Tower Foundation supports organizations through funding from three portfolios: (1) Programs & Services, (2) Community Change, and (3) Strengthening Partner Capacity. The Foundation accepts requests for funding from each of these portfolios three times per year.

This document offers guidance for the Programs & Services grants portfolio, including: what the Foundation means by “Programs & Services,” the populations the Foundation aims to serve, its goals for these populations, applicant eligibility requirements, how to submit an inquiry through the online portal, an overview of what the grant request entails, and the 2019 submission dates.

What are Programs & Services Grants?

Programs & Services grants are intended to support organization-level work to address the needs of individuals and families affected by intellectual disabilities, learning disabilities, mental illness, and/or substance use disorders. The Foundation is most interested in supporting projects or initiatives that are time limited and generally new to an organization.

What Populations Does the Foundation Serve?

Young people age 0-26 affected by:			
Intellectual Disabilities	Learning Disabilities	Mental Illness	Substance Use Disorders

The greater the overlap between the population(s) that your organization serves and the populations of interest to the Foundation, the more competitive your request is likely to be. Please be sure to review the population definitions on the following pages to ensure organizational alignment with the Foundation’s interests before developing your request. When in doubt, call or email us.

What Does the Foundation Want to Accomplish?

For each of the populations it supports, the Foundation has identified a set of grantmaking goals. Programs & Services grants should promote one or more of the goals listed on the following page.

INTELLECTUAL DISABILITIES

1. Children with intellectual disabilities are identified early and receive services that meet their evolving needs.
2. Young people with intellectual disabilities are engaged in meaningful social, vocational, and educational pursuits.
3. Families understand intellectual disabilities and secure needed supports.
4. Communities embrace persons with intellectual disabilities and provide them with a full-range of supports and opportunities to engage in community life.

LEARNING DISABILITIES

1. Children with learning disabilities are identified early, diagnosed and connected to services that meet their on-going individual needs.
2. Youth with learning disabilities understand how they learn and pursue resources that support them accordingly.
3. Young adults are confident and do not view their learning disability as a liability.
4. Young adults with learning disabilities are ready for work and/or educational pursuits.
5. Families are informed about learning disabilities and are able to identify and navigate available services.
6. Communities value persons with learning disabilities and accommodate their needs.

MENTAL ILLNESS

1. Stigma related to mental illness is eliminated.
2. Children with social, emotional, and behavioral challenges are identified early and connected to appropriate services.
3. Young people with mental health challenges understand and manage their conditions and behaviors.
4. Families understand mental health challenges and help members live productive lives.
5. Communities offer meaningful opportunities and appropriate support to young people with mental health challenges and their families.

SUBSTANCE USE DISORDERS

1. Community members understand the prevalence and harmful effects of alcohol and drugs, and work to address them.
2. Resources for substance abuse prevention, treatment, and recovery are readily available.
3. Families provide safe environments that support healthy choices about alcohol and drugs.
4. Young people make healthy choices about alcohol and drugs.

What Types of Projects Will the Foundation Consider?

- Projects **must** focus on children, adolescents, or young adults (up to age 26) affected by intellectual disabilities, learning disabilities, mental illness and/or substance use disorders.

An **Intellectual disability** is a disability characterized by significant limitations both in intellectual functioning and adaptive behavior, which covers many everyday social and practical skills. This disability originates before the age of 18. Intellectual functioning refers to general mental capacity, such as learning, reasoning, and problem solving.

Adaptive behavior comprises three skill types:

1. Conceptual skills (e.g., language and literacy; money; time; number concepts; self-direction)
2. Social skills (e.g., interpersonal skills, social responsibility; self-esteem, gullibility, naïveté, social problem-solving; ability to follow rules/obey laws and avoid being victimized)
3. Practical skills (e.g., personal care, occupational skills; healthcare; travel/transportation; schedules/routines; safety use of money use of telephone.

American Association on Intellectual and Developmental Disabilities, 2011

Substance use disorders

occur when the recurrent use of alcohol and/or drugs causes clinically and functionally significant impairment, such as health problems, disability, and failure to meet major responsibilities at work, school, or home.

Substance Abuse and Mental Health Services Administration

- The Tower Foundation is open to multi-year grants with budgets ranging from (but not limited to) \$10,000 to \$40,000 per year.
- The majority of grant funds should be for expenses that are new to the organization as a result of the proposed project. Requests for funding to support existing services as currently offered are considered general operating support, and are unlikely to be competitive.

While open to a range of projects that have the potential to advance its goals, the Foundation prefers projects focusing on:

- **Screening and Assessment:** Programs or processes that promptly identify challenges that young people face and match them with optimally effective services, treatment, or supports.
- **Community-Based Education and Supports:**
 - **Community Education:** Community-based education that enhances knowledge of intellectual disabilities, learning disabilities, mental illness and/or substance use disorders.
 - **Family Supports:** Programs that support parents and families: parent or peer networks, respite or social activities, family-based support for recovery and wellness, and family support of career and educational planning.
- **Transition/Service Navigation:** Programs that help young people navigate life transitions, including transitions from one educational setting to another, transitions from job training to employment, and transitions that continue to facilitate personal growth and fulfillment. This includes programs that facilitate sustained recovery from mental illness and/or substance use disorders.

The Tower Foundation allows organizations to apply an **administrative and overhead rate** of 15% on grant requests over \$100,000, and 20% for requests of \$100,000 or less. The administrative and overhead rate for colleges and universities and affiliated organizations is capped at 10%.

Who Can Apply for a Grant?

Organizations **located in and currently providing services** to one or more of the populations the Tower Foundation serves (see sidebars) within the following regions are eligible to apply for Tower Foundation grants:

Massachusetts	New York
<ul style="list-style-type: none"> • Barnstable County • Dukes County • Essex County • Nantucket County 	<ul style="list-style-type: none"> • Erie County • Niagara County

A learning disability is a lifelong condition which interferes with the ability to learn. It is a neurological disorder that affects the ability of the brain to process, store and respond to information. There are different types of learning disabilities that can affect different areas of processing, such as learning to read, reading comprehension, writing and spelling, organizing written and spoken language, mathematical operations, decision making, and the development of fine motor skills. Individuals with LD may be particularly gifted in other skills and are typically of normal intelligence.

American Association for Pediatric Ophthalmology and Strabismus

Mental illness includes medical conditions that disrupt a person's thinking, feeling, mood, ability to relate to others and daily functioning. Just as diabetes is a disorder of the pancreas, mental illnesses are medical conditions that often result in a diminished capacity for coping with the ordinary demands of life.

Serious mental illnesses include major depression, schizophrenia, bipolar disorder, obsessive compulsive disorder (OCD), panic disorder, post-traumatic stress disorder (PTSD) and borderline personality disorder.

National Alliance on Mental Illness

Additionally, applicants must be:

- not-for-profit organizations with a 501(c)(3) designation that are not private foundations, or
- not-for-profit public benefit corporations, or
- public and diocesan school districts, or
- private and charter schools.

While organizations may have more than one active Tower Foundation grant at any given time, preference may be given to organizations that have not received a grant award recently.

If your organization's request for funding is declined, your organization may reapply as soon as the following cycle. Please note that your organization **may only submit one request** across all of the Tower Foundation's funding opportunities in any given cycle.

How Much Funding is Available?

The Foundation anticipates awarding approximately \$525,000 *per cycle* in Programs & Services grants: \$125,000 in each of its four funding categories, with an additional \$25,000 available to supplement strong proposals across categories.

What Won't the Foundation Fund?

The Foundation does not fund programs or projects that:

- provide private benefits for any grant recipient or affiliated person,
- attempt to influence legislation or intervene in any political campaign,
- contribute to capital campaigns,
- consist of scholarships, services, or treatment for specific individuals,
- consist largely of general operating support.

If you have questions about whether or not your organization or project idea would be a fit, we encourage you to contact a Tower Foundation Program Officer prior to building out your grant request. See page five (5) for contact information.

How Does My Organization Apply for a Grant?

All grant requests must be submitted through the Foundation's online portal:

<http://thetowerfoundation.fluxx.io>

To ensure that requests are submitted on time, applicants are encouraged to create an account in the online portal at least **one week prior** to the preliminary grant request deadline. Individuals who have registered previously do NOT need to re-register; please log in using your existing account.

What Does the Grant Request Entail?

In addition to basic organizational information and a brief summary, organizations will be asked to respond to four questions that are asked across all of our portfolios: (1) What do you want to do? (2) Why do you want to do it? (3) How do you want to do it? (4) What do you need to do it?

For additional guidance, and to access the Programs & Services application in its entirety, log in to the

Tower Foundation online portal. A preview of what the application includes is also available on our website on the “Apply for a Grant” page.

Once submitted, the Foundation reviews each application to determine whether it wishes to explore the opportunity further through a phone call or meeting. Applicants will be notified by email approximately three weeks after submitting their preliminary grant request as to whether the Foundation will invite further discussion. Further discussion is not an indication of likely support.

When Can I Apply?

2019 Grant Application Cycles and Time Line

January		May		August	
Applicants Create Online Portal Accounts	1/9	Applicants Create Online Portal Accounts	5/8	Applicants Create Online Portal Accounts	9/4
Preliminary Grant Requests Due	1/16	Preliminary Grant Requests Due	5/15	Preliminary Grant Requests Due	9/11
Clarification Calls (if required)	1/23-2/4	Clarification Calls (if required)	5/22-6/3	Clarification Calls (if required)	9/18-9/30
Requests for Full Proposals Sent	2/7	Requests for Full Proposals Sent	6/5	Requests for Full Proposals Sent	10/2
Proposal Decisions Sent	4/10	Proposal Decisions Sent	8/7	Proposal Decisions Sent	12/4

Preliminary grant requests must be received by 11:59:59 p.m. on the stated deadline. Requests submitted after the deadline will be considered during the next cycle.

How Do I Get in Touch with the Foundation If I Have More Questions?

If you have questions about the Foundation’s Programs & Services grant guidelines, please contact us.

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Accommodations

The Peter & Elizabeth Tower Foundation is committed to making its guidelines and applications accessible to all. If you require an accommodation, please contact us at info@thetowerfoundation.org or 716-689-0370 to make arrangements.

Notice for Prospective Applicants

By submitting this proposal to the Foundation, you, as the applicant or its duly authorized representative, hereby agree and consent that the Foundation may disclose to any employee, trustee or professional representative of the Foundation, or to other potential funding sources or their representatives for possible collaboration, this proposal and all supporting materials which have been or will be submitted in connection therewith, including but not limited to the applicant’s grant request.