

SUBSTANCE USE DISORDERS

BARNSTABLE, DUKES, AND NANTUCKET COUNTIES, MA

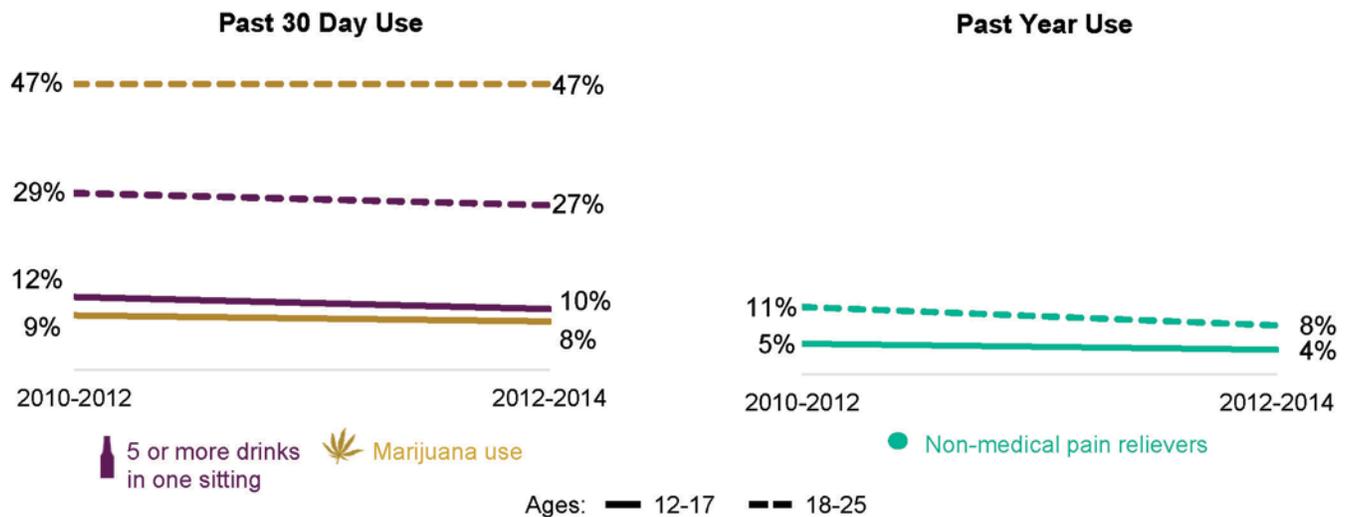
The Tower Foundation funds community organizations serving three geographic areas in the topic areas of substance use disorders, mental health, learning disabilities, and intellectual disabilities. This summary focuses on substance use disorders among youth and young adults within Barnstable, Dukes, and Nantucket Counties (combined).

This information is intended to reflect community-level trends in the Foundation’s goals related to substance use disorders:

- Young people make healthy and informed choices about alcohol and drugs.
- Community members understand the prevalence and harmful effects of alcohol and drugs, and work to address them.
- Resources for substance abuse prevention, treatment, and recovery are readily available.

Goal: Young people make healthy and informed choices about alcohol and drugs

Indicator: Percent of young people with recent substance use (lower is better)

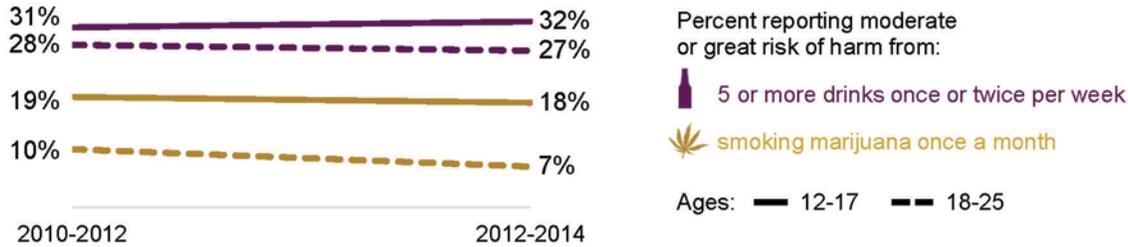


Source. National Survey on Drug Use and Health (NSDUH)

GOAL: Community members understand the prevalence and harmful effects of alcohol and drugs, and work to address them

Indicator: Percent of young people perceiving harm from substance use (higher is better)

Perceived Risk of Harm

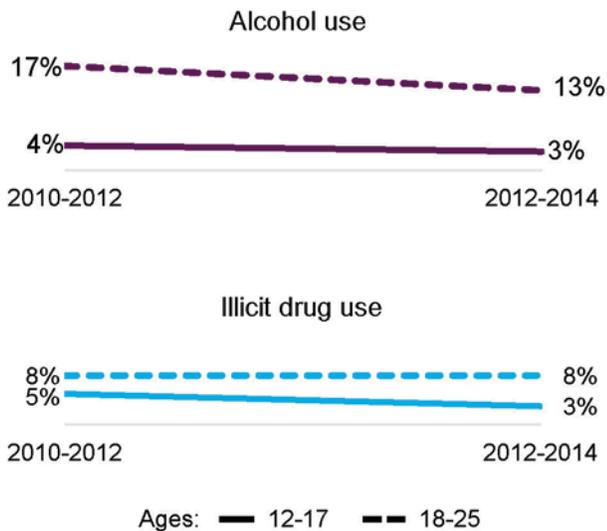


Source. National Survey on Drug Use and Health (NSDUH)

GOAL: Resources for substance abuse prevention, treatment, and recovery are readily available

Indicator: Percent of people needing, but not receiving treatment (lower is better)

Youth Needing but Not Receiving Treatment



Source. National Survey on Drug Use and Health (NSDUH)

2014 Treatment Admissions in Barnstable, Dukes, and Nantucket Counties

1,324 admissions
for ages 25 and under



This accounts for **29%** of all admissions

Source. Massachusetts Bureau of Substance Abuse Services

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