

The Peter and Elizabeth C. **TOWER** Foundation

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## 2014 IN REVIEW

This past year, The Peter and Elizabeth C. Tower Foundation's grant making continued our core mission of supporting community programming that helps children, adolescents and young adults affected by substance abuse, learning disabilities, mental illness and intellectual disabilities achieve their full potential. At the same time, the planning process led us to refine our operations to maximize our resources and provides for greater collaboration and capacity building, which we believe will lead to a greater impact in the communities we serve.

Our most direct partnerships, however, are the ones we have with our individual grantees. We were pleased to learn through a Grantee Perception Report that the Tower Foundation has been effective in building relationships, that we are communicating well, and that we have been transparent with our grantees.

We have made great strides this past year. While we will always focus on individual grantees whose missions align with ours, we are also working far more collaboratively through our Healthy Communities Funding Portfolio. Through this work, we are encouraging greater collaboration among multiple organizations, aligning resources and identifying gaps where greater focus may be necessary. Most importantly, we are working to make sustainable, systemic change where possible to ensure long-term impact.

Our most direct partnerships, however, are the ones we have with our individual grantees. We were pleased to learn through a Grantee Perception Report that the Tower Foundation has been effective in building relationships, that we are communicating well, and that we have been transparent with our grantees. In addition, we have been recognized nationally by Grantmakers for Effective Organizations for our work in stakeholder engagement. While we are pleased with these accolades, we will always strive to do better.

Included in this report are highlights from our three funding portfolios: Core Programs and Services; Strengthening our Partners, focused on capacity building; and our Healthy Communities work that supports the work of collaboratives and coalitions. We hope you will find the great work that our grantees are doing to be as inspiring as we do!

## FROM THE EXECUTIVE DIRECTOR

Dear Friends:

This past year marks a time when our organization has really begun to "go deep" in implementing our strategic plan and in venturing into new ways of approaching our role as a Foundation. I am both energized and excited about our future direction and mindful of the rich legacy that began with Peter and Elizabeth and continues today with a new generation at the helm.



Tracy A. Sawicki

While we are steadfast in our mission of helping children, adolescents, and young people achieve their full potential regardless of the challenges they face, we are working in new ways that we believe can make a greater impact. We have come to the realization that many of our grantees need more time, and in some cases guidance, to be successful. We have begun to put more emphasis on planning grants to enable organizations to take the necessary time for strategic planning, to build partnerships and to thoughtfully approach their projects. While we are all eager for success, many times patience is required to properly plan, sometimes fail, and to begin again with more knowledge at hand.

We are well aware that this approach is somewhat messy and can be uncomfortable for those of us used to working in certain ways. If we can learn something in the process, we believe it is well worth it and we know that both our successes and our failures will help to inform how we can improve the work we do. We continue to fund core programs and services and will continue to support organizations whose mission aligns with ours as we always have.

As we move forward, we are committed to improving the way we work with our grantees to ensure they can be successful. We will focus on building relationships, connecting grantees to other community resources, giving them the time they need, and continue to focus on helping them build capacity. Throughout this work, we know that open communication is key and we will be purposeful in sharing information that can lead to greater success.

With our strategic plan as our guide, we are continuing to build on the Tower family legacy, while exploring new ways to ensure all young people can thrive.

Sincerely,

Tracy A. Sawicki
Executive Director

Tracy a Saurcki

## Coalition Educates About Substance Abuse

Px21 - Erie County, NY

Healthy Communities Portfolio





Since 2007, a coalition of prevention service providers in Erie County has been collaborating as Px21 with the shared goal of providing prevention and health promotion for the community. A significant focus of Px21's work has focused on developing a comprehensive, multi-year prevention plan addressing underage drinking aimed at elementary and middle school students and their families.

With support from the Tower Foundation, the coalition developed a comprehensive media campaign including television, radio, print and bus advertising aimed at parents to educate them about underage drinking and to provide resources to help them address the issue with their children. The media campaign was tremendously successful in reaching parents with the overall message, and in driving traffic to the two dedicated websites including TalkItOver.org, that provides guidance to parents and to CallTipline.org for the Sheriff's Underage Drinking Tipline. The campaign is also credited with driving increased calls to the Tipline and in pushing parents to seek out additional information on resources related to underage drinking.

The Tower Foundation's support has also helped Px21 plan for its future growth by supporting the hiring of a consultant to help

them assess their capabilities in areas such as governance, potential partnerships and focusing work on other health areas such as obesity.

According to Andrea Wanat, former Executive Director for the Erie County Council for the Prevention of Alcohol and Substance Abuse, "The Tower Foundation allowed us to implement a far more comprehensive media campaign that made an impact in educating parents about underage drinking. Beyond that however, they really helped us to look at the bigger picture of our community's health and to explore how this coalition could make a bigger impact."

"...they really helped us to look at the bigger picture of our community's health and to explore how this coalition could make a bigger impact."

Healthy Communities Portfolio

# Collaboration Allows Isolated Islands to Deliver Comprehensive Services

Island Wide Youth Collaborative - Martha's Vineyard, MA and Nantucket Behavioral Health Task Force - Nantucket, MA

Nantucket and Martha's Vineyard are places most associate with summertime, affluence and leisure; however, the high cost of living and the island's isolation bring significant challenges to the area's year-round population. Financial pressure, housing stress, and employment challenges can lead to substance abuse and mental health issues. With the support of the Tower Foundation, collaborative groups on both Islands have been formed to address behavioral health challenges and, to identify ways to improve access and awareness.

#### ISLAND WIDE YOUTH COLLABORATIVE

On Martha's Vineyard, The Island Wide Youth Collaborative (IWYC) was formed after an unusually high number of children where hospitalized with behavioral and/or substance abuse issues. A number of organizations, including the schools, the local YMCA, the Martha's Vineyard Youth Task Force, Martha's Vineyard Community Services, and the hospital interact with kids for a variety of reasons, so it became apparent that the organizations could better serve the children if they worked together and shared information. The Task Force's goal is to coordinate services for families regardless of where they might enter the system so that they will have a cohesive, coordinated approach to treatment. Overall, the aim is to prevent kids from spiraling further and deliver supports that can help them before a crisis hits.

When the IWYC applied for two grants, the Tower Foundation recommended that they think bigger and demonstrate community support for their ideas. After holding community stakeholder meetings, the group was able to further develop



Lindsey Scott, MVYouth Executive
Director, and Julie Fay, Martha's Vineyard
Community Services (MVCS) Executive
Director, cut the ribbon on the new Island
Wide Youth Collaborative building.

Photo courtesy of MVCS.



#### Healthy Communities Portfolio

their goals and refine their approach. According to Julie Fay, of the IWYC, "The Tower Foundation grant created momentum that has helped us build community support and attracted new funding that has been critical to establishing a central point for delivering services."

With the funding in place, the IWYC officially opened for business on May 1st and has served more than 35 individuals and families. The IWYC is in the process of building a new IWYC center, which will be complete in October of 2015. Training in specific areas of behavioral health for providers is also planned to improve the clinical acumen of services accessible on the Island.

#### NANTUCKET BEHAVIORAL HEALTH TASK FORCE

The Nantucket Behavioral Health Task Force was formed in response to unmet community needs that underscored the gap in necessary

Community

mental health services and facilities on the Island. The collaborative group of service providers, hospital employees, police, clergy and others began by trying to get a better understanding of where the critical gaps in behavioral health services were and were thrilled when they learned that the Tower Foundation understood the need and wanted to get more deeply involved.

Funding from the Tower Foundation helped them undertake an analysis to document the mental health services that are already in

place on Nantucket, identify the services that are needed, and determine how best to increase access to and awareness of what's available to island residents. In addition, the Task Force has funded community events to educate the public on substance abuse issues and trainings on suicide risk. Funding also assisted in the creation and

"The Tower Foundation grant created momentum that has helped us build community support and attracted new funding that has been critical to establishing a central point for delivering services."

addition of two positions including an advocate for young people entering the criminal justice system and a professional position to identify and develop plans of care for potential behavioral health issues in primary care physician's offices.

While still in its early stages, the Task Force is outlining strategies to address issues and expand capacity on Nantucket.



## Building Futures for Students with Intellectual Disabilities

North Shore Community College - Danvers, MA Aspire of WNY - Amherst, NY Core Programs & Services Portfolio
Intellectual Disabilities



The transition for students beyond high school to careers or college can be challenging enough, but for students with disabilities it can be near impossible. Collaborations in Buffalo and others in Massachusetts are making it easier for some high school graduates to gain experience that is leading to jobs.



#### **COLLEGE AND CAREER ACCESS PROGRAM (CCAP)**

North Shore Community College in Essex County is committed to open access to education for all students. As part of that mission, the college applied to the Tower Foundation in 2011 for funding to support a program for students with intellectual and developmental disabilities that would provide a foundation

for job opportunities. At the same time, Northeast Arc, a non-profit organization that helps people with disabilities become full participants in the community, had also applied to Tower to assist the same population. Recognizing that the diverse organizations were interested in serving the same audience, the Tower Foundation suggested they work together to develop a joint program, building on each organization's strengths.

The result was the College and Career Access Program (CCAP), a joint program that provides students with intellectual and developmental disabilities non-credit classes and internships in specific fields with the goal of providing a vocational pathway to jobs. Offering courses in horticulture and in canine and feline care, nine students have successfully completed the curriculum and the majority have found work in their field of study.

The college took the lead role in developing the curriculum, while Northeast Arc focused on internships and job placement to ensure students had experience and a clear pathway to employment after completing the program.

"The Tower Foundation really helped us to strengthen the program that is now emerging as a model for others. And, in an era of shrinking funding, we believe this collaborative approach will strengthen us for the long term since we can do more together while being efficient with our dollars."

According to Cindy O'Donnell of North Shore Community College, "The Tower Foundation really helped us to strengthen the program that is now emerging as a model for others. And, in an era of shrinking funding, we believe this collaborative approach will strengthen us for the long term since we can do more together while being efficient with our dollars."

Core Programs & Services Portfolio
Intellectual Disabilities



#### **PROJECT SEARCH**

In Buffalo, The Tower Foundation is also playing a role in helping disabled students make the transition from student to employee through its support of Project Search, a national program that provides real-life work experience to help youth with significant disabilities make successful transitions from school to adult life. A partnership between Aspire of Western New York and The Summit Center, both dedicated to helping people with disabilities, Erie I Board of Cooperative Educational Services (BOCES), and Beechwood Continuing Care Residential Facilities has created internship opportunities for high school seniors with intellectual disabilities.



Through Project Search, students have three internship opportunities in their senior year and work with a job coach to help them make the transition from school to work. Students are identified for the program through Erie 1 BOCES and complete their internships at Beechwood in a variety of positions including those in food service, facilities management, landscaping, and patient care. Aspire and Summit provide the necessary support services for the student, including the job coach.

"While funding is critical, our relationship with the Tower Foundation is not about managing the grant money. They are very interested in helping us ensure the greatest impact for our students and are very invested in our students' futures."

The Tower Foundation's funding made possible an additional job coach and a coordinator for the program. Laura Gawel of Aspire comments, "While funding is critical, our relationship with the Tower Foundation is not about managing the grant money. They are very interested in helping us ensure the greatest impact for our students and are very invested in our students' futures."

### Second Chances

# Core Programs & Services Portfolio Mental Health

### Health Law Advocates/Juvenile Court Mental Health Advocacy Project

For the majority of kids who find themselves in Juvenile Court, issues of mental illness, depression, substance abuse or other trauma may be a significant reason they are in trouble, more than the actual offense. For the last ten years, the Juvenile Court Mental Health Advocacy Project in Worcester, Massachusetts has been successfully working with adolescents to help connect them with appropriate services with the goal of keeping them out of the court system and providing supports to give them a better future.

Best of all, they have been very flexible and patient as we made mistakes or ran into roadblocks. They understand that failure is sometimes part of the process, allowing us to extend our timeframe to get it right.

With the help of the Tower Foundation, the agency is expanding their efforts to identify and address systemic issues in the mental health system and to advocate for young people as they work through the legal system. The support is also helping to expand the program into new geographic

areas including Eastern Massachusetts. Local judges have been extremely supportive of the program and a plan has been put in place to create a more intensive pilot program in order to bring it to scale and make the model accessible to other court systems across the state. In addition, improved assessments are needed in order to measure the impact on kids and to determine the needed state resources to expand the program.

According to Matt Selig of Health Law Advocates, the organization implementing the program, "The Tower Foundation has been more then just funding for the project. They have been very involved in lending their expertise and encouragement to help us figure how best to approach this. Best of all, they have been very flexible and patient as we made mistakes or ran into roadblocks. They understand that failure is sometimes part of the process, allowing us to extend our timeframe to get it right."

While young people and their families, as well as those working in the judicial system, have high praise for the program in saving kids from "falling through the cracks," the need for a better systemic approach is critical. With the assistance of the Tower Foundation, the Juvenile Court Mental Health Project will have a greater ability to address inherent systemic problems and gain a better assessment of how to build and expand the advocacy programs that provide hope for young people.



## Angel House Gives Moms and Kids a New Start

## Housing Assistance Corporation of Cape Cod - Hyannis, MA

Core Programs & Services Portfolio

Mental Health

For the women who agree to move into Angel House, a residential program for mothers in substance abuse recovery and their children, the battle is two-fold: how to stay clean and sober and how to be a good mom. A program of the Housing Assistance Corporation of Cape Cod, Angel House is a trauma-informed care program that helps women, many of whom are homeless or have been in abusive relationships, build a foundation for a better future for themselves and their children.

"Many of these women have never had anyone care about them. To understand that there are people and institutions that work to make their lives better demonstrates that their lives have value and meaning." While the intensive program provides a wide range of support services and educational programs ranging from relapse prevention to life skills and more, support for the children is also critical. According to

Executive Director Lin Grace Rohr, "We recognize that our kids may have undergone trauma very young, well before they enter school, and the

need for early intervention is critical. The Tower Foundation helped us to identify the ARC program to help our moms and their kids and they have been instrumental in helping us build the foundation we need to implement it effectively."

The ARC program, which stands for Attachment, Regulation and Competency, is integrated into all facets of the Angel House approach. Residents are taught how to form positive attachments with their children, how to regulate emotions and response to difficult situations with their children in mind, and how to build competence, confidence and self-respect. Funding from the Tower Foundation grant is used for staff training, implementation of a computer system to assess and track progress, a therapeutic play space for kids in trauma and video conferencing equipment to bring more training resources to the relatively remote Cape Cod agency.

According to Rohr, while many residents don't know the Tower Foundation directly, the support impacts them beyond the program itself. "Many of these women have never had anyone care about them. To understand that there are people and institutions that work to make their lives better demonstrates that their lives have value and meaning. That generosity is very meaningful to many women who are struggling to create positive lives for themselves and their children."



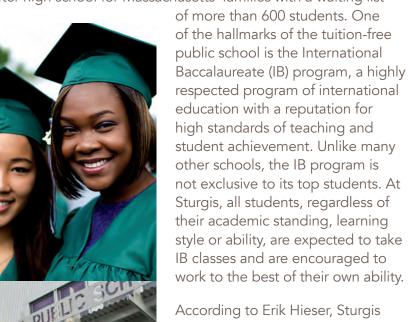
# High Expectations Result in High Achievement for Students with Learning Disabilities

Sturgis Charter Public School - Hyannis, MA

Core Programs & Services Portfolio Learning Disabilities



Sturgis Charter Public School on Cape Cod has quickly become a sought-after high school for Massachusetts' families with a waiting list



According to Erik Hieser, Sturgis Charter Public School Executive Director, the school is unconcerned with rankings, so overall test scores are not the priority as they may be at other competitive high schools. Instead, a focus on high expectations and reaching individual potential is key for all students, including those with learning disabilities. The school has created an intentional culture on its two campus locations that is collaborative, rather than

competitive. In its integrated classrooms, students help each other, and those with learning disabilities are afforded extra assistance from teachers, while working alongside their peers of diverse abilities.

The school began its relationship

With the aid of the Tower
Foundation, students of all abilities
are thriving at Sturgis and more
teachers on the Cape are learning
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learning differences.

with the Tower Foundation when it initially applied for a grant. The Foundation recognized the potential of the school and asked to discuss ways to make a bigger impact. The result was support from the Tower Foundation to bring more resources to the school to support students with learning disabilities and to share the knowledge with the wider Cape Cod community. A series of educational workshops were held for schools on the Cape so that teachers could learn more and network with each other. In addition, a consultant from Landmark College, a well-respected expert on learning disabilities, was brought in to assist the staff in developing programs and approaches for its students. Funding was also used to purchase iPads and apps for use by students with learning disabilities.

With the aid of the Tower Foundation, students of all abilities are thriving at Sturgis and more teachers on the Cape are learning how to set the bar high for their students, regardless of their learning differences.

# Uncovering Underlying Behavioral Health Issues in Patients

Core Programs & Services Portfolio Substance Abuse



### North Shore Community Health & Addison Gilbert Hospital - Gloucester, MA

With a dramatic increase in heroin and opioid use on the North Shore and in Cape Ann regions of Massachusetts, there has been a growing awareness and concern about how to identify and treat those at risk. The Healthy Gloucester Collaborative, a group of community stakeholders, began piloting the use of an evidence-based screening tool called Screening and Brief Intervention and Referral to Treatment (SBIRT) at Addison Gilbert Hospital in Gloucester to pro-actively identify and treat those at risk or already addicted.

The premise is to engage patients in conversation while in the emergency room to determine if there is a need for treatment or services for other behavioral health issues. A trained Health Promotion Advocate follows a set protocol to probe for potential issues in a non-judgmental manner. The dialogue is designed to uncover mental health and/or substance use disorders with the goal of connecting those patients with available resources and treatments. The conversational approach helps patients consider the pros and cons of their behaviors, outlines action steps and provides referrals to services if necessary. The program is expanding to reach adolescents as well as adults.

Joan Whitney, Director of the Healthy Gloucester Collaborative, credits the Tower Foundation with helping them make real systemic change. She says the Foundation's support helped them expand a program that focuses on prevention rather than dealing with the aftermath of behavioral health issues.

Through the Tower Foundation's support, the program expanded to the Gloucester Family Health Center (GFHC), a North Shore Community Health (NSCH) site, a community health center which provides comprehensive primary care including Office Based Opioid Treatment (OBOT or suboxone), behavioral health and dental services. GFHC partners with Addison Gilbert Hospital to serve patients in Cape Ann.

The Health Center has seen a growing number of patients since opening in 2008, many of whom have not seen a health provider in many years. Since being trained and beginning to use SBIRT for all its patients, staff are better able to identify and treat addiction-related health issues to provide a more comprehensive approach to the patient's care. Since health records are shared across provider teams which include behavioral health staff, the teams also gain new and invaluable information about many addiction-related issues that can be addressed both within and outside of the health center.

Using SBIRT has allowed NSCH to identify and treat a greater number of people who may have addiction issues or who are at risk for addiction. NSCH has spread SBIRT to its Salem and Peabody sites. With a great tool and well trained staff in place, the health center will reach more people at risk or at an earlier stage of addiction, making treatment easier.



# Assessment and Planning Help Agencies Build Capacity

Strengthening Our Partners Portfolio



When Veronica Federiconi, Executive Director of Autism Services in Buffalo was approached to be part of the GetSET (Success in Extraordinary Times) Initiative, she wondered if the invitation meant that her agency was viewed as being in need of help. The capacity building initiative is designed to help health, behavioral health and human services organizations strengthen their infrastructure, particularly in a time of changing financial realities. Federiconi was quickly reassured, however, that the initiative was a supportive one and that Autism Services was chosen to participate because of its critical role in the community and a desire to ensure its continued viability.

Today, Autism Services has become a stronger organization and is better positioned for coming changes in the fiscal environment due to participation in GetSET, according to Federiconi. The initiative, created by the Health Foundation for Western & Central New York, and includes participation from The Peter and Elizabeth C. Tower Foundation and the John R. Oishei Foundation, is a capacity building program that pairs an organizational development consultant with a non-profit agency to assess the agency's strengths, to develop a capacity building plan based on the assessment, and to implement strategies laid out in the plan.

Through GetSET, Autism Services, one of eight participating organizations, took a hard look at everything from its mission statement to its operations to assess strengths and weaknesses and to develop a better value proposition for a more competitive landscape. The added support and expertise from both the consultant and the sponsoring Foundations helped to guide the organization through the process and was critical in helping the agency improve operations.

While the program will last through the fall of 2015, Federiconi says that the process has helped her team immensely, including the Board of Directors, and that they will continue to use the process in the

future. "I look at the GetSET initiative as a gift. It has been hard work but I know we are a stronger agency for having gone through it. I believe we are much better positioned to meet the challenges of the future because of it."



## Funding Portfolio Overview

The Foundation has three funding portfolios from which grants are made: Core Programs and Services, Strengthening Our Partners (Capacity Building) and Healthy Communities.

#### CORE PROGRAMS AND SERVICES

Grants in this portfolio fund core programs and services that seek to prevent (where possible) or directly address the needs of individuals and families affected by substance abuse, mental illness, intellectual disabilities, and learning disabilities.

# STRENGTHENING OUR PARTNERS (Capacity Building)

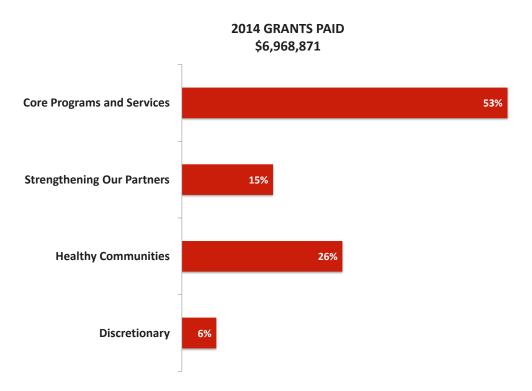
Grants in this portfolio support efforts to strengthen organizations and programs within each of the Foundation's substantive focus areas. This includes providing training dollars or otherwise supporting staff members who incorporate evidence-based practices into their programming; funding innovative projects aimed at increasing organizational efficiencies and/or effectiveness; offering technology solutions to support strategic and programmatic goals; and engaging in other forms of capacity building. Funded activities may be populationspecific or may be universal in scope. These efforts are undertaken in the hope of bolstering partner organizations and advancing the substance abuse, mental health, intellectual disabilities, and learning disabilities fields.

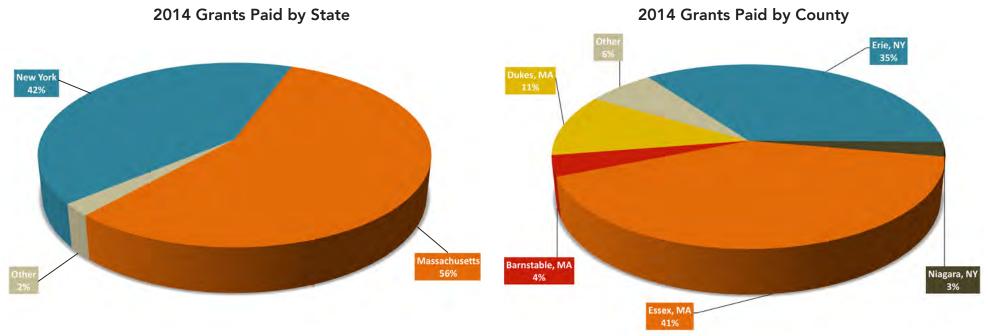
#### HEALTHY COMMUNITIES

The Tower Foundation's vision for a Healthy Community is one in which young people live high quality, purposeful, fulfilling lives. Through our Healthy Communities approach, the Foundation aims to improve the health and wellness of children, adolescents, and young adults facing or at risk for intellectual disabilities, learning disabilities, mental illness, and substance abuse.

Our strategy for Healthy Communities involves convening local stakeholders to identify the issues and needs relevant to children, adolescents, and young adults in their communities. In response to these needs, the Foundation seeks to collaborate with new and existing community coalitions to foster cooperative, integrated systems that deliver effective, holistic, accessible services.

Grants in this portfolio support initiatives where leaders mobilize around an issue or set of issues that affect an entire community.





**2014 GRANTS PAID** 

# 2014 Grants Paid

CORE PROGRAMS AND SERVICES PORTFOLIO	Housing Assistance Corporation of Cape Cod, Inc.
Massachusetts	Angel House ARC (Attachment, Self Regulation, and Competency) Training for Staff\$115,056
Barnstable Public Schools Strategic Steps Towards Mental Health	Judge Baker Children's Center Improving Quality and Access for
Bay State Reading Institute	Children's Mental Health Care\$126,118
Embedding Early Assessment & Identification of Learning Disabilities in Gloucester & Beverly Schools \$30,000	Lahey Health Behavioral Services  Community Integration and Service Navigation
Children's Friend and Family Services, Inc. Early Childhood Mental Health Initiative	Lynn Public Schools Paving the Way to Independence
Class, Inc. Turning 22 Workshop Series\$13,150	Martha's Vineyard Regional High School District Partnering for Success \$70,212
Community Care Services, Inc.  Special Education Consultation to Child Care Settings	Massachusetts Society for the Prevention of Cruelty to Children Trauma-Focused Cognitive Behavior Therapy\$30,128
Community Health Center of Cape Cod, Inc. Increasing Access to Behavioral Health Services	North Shore Community College Foundation, Inc.  Project Access - College and Career Training
County of Dukes County Project Next: Community Programming & Supports for Young Adults of Martha's Vineyard	North Shore Community College Foundation, Inc.  Project Access - College and Career Training
Family Services of Merrimack Valley Inc. (formerly Family Service, Inc.) Therapeutic Mentoring	North Shore Community Health Center Emergency Department Screening, Brief Intervention and Referral to Treatment (ED SBIRT)
Girls Incorporated of Lynn Project CHAMP (Champions for Alcohol and Marijuana Prevention)	Rehabilitation Hospital of the Cape and Islands Sensory Integration Disorder Testing and Treatment\$21,691
Gosnold, Inc. Young Adult Opiate Recovery Program\$100,000	Special Olympics Massachusetts, Inc. Cape Cod Sports Opportunity Project\$24,098
Gosnold, Inc. Student Intervention and Prevention Program	Sturgis Charter Public School Support for Inclusive Classrooms
Health Law Advocates Juvenile Court Mental Health Advocacy Project\$287,148	2014 ANNUAL HIGHLIGHTS 16

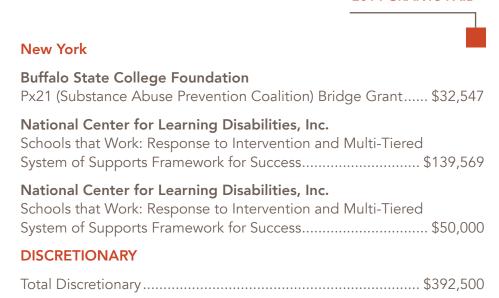
New York 2014 GRANTS PAID

Alcohol and Drug Dependency Services, Inc. Renaissance Campus Operations \$25,000
Aspire of Western New York, Inc. WNY Project SEARCH Collaborative
Buffalo City School District Project ADVOCATE
Buffalo City School District Project INFORM
Buffalo Hearing & Speech Center, Inc. Early Childhood Screening Project
Cazenovia Recovery Systems, Inc. Alcohol & Drug Dependency Services (ADDS) Program Acquisition
Cheektowaga Central School District Youth Mental Health Project
Child and Adolescent Treatment Services (CATS) Evidence-Based Training
Community Health Center of Buffalo, Inc. Integrated Care for Kids
Cradle Beach Camp, Inc. Respite Weekends \$26,151
Elmwood Health Center Improved Mental Health = Better Health
Heritage Centers The Next Step: Becoming a National Model & Licensed Partner with The Floortime Center®
Horizon Health Services Online Support for Recovery
Horizon Village, Inc. Alcohol & Drug Dependency Services (ADDS) Program Acquisition

Independent Health Foundation
Behavioral Health Integration Program
Institute for Autism Research at Canisius College Support for Validation Trials and Training Protocols for Intervention Targeting Young People with High Functioning Autism Spectrum Disorder
Mental Health Association of Erie County Child & Family Support Program (CFSP) Partnership with Psychiatric Hospitals \$105,000
Mental Health Services of Erie County South East Corp V Alcohol & Drug Dependency Services (ADDS) Program Acquisition \$25,000
Mid-Erie Mental Health Services, Inc. Client-Directed Outcome-Informed Treatment Project\$2,440
Mid-Erie Mental Health Services, Inc Substance Abuse Initiative for Adolescents and Young Adults \$59,442
Native American Community Services, Inc. Achieving Our Dreams
Niagara Falls Memorial Medical Center Project Runway
Niagara University Niagara County Early Child Care Quality Improvement Project (QIP) - Phase II
Northwest Community Mental Health Center Care Connections: A Pilot Project to Enhance Integration of Primary Care and Substance Abuse Services
P <sup>2</sup> Collaborative of Western New York Integrated Care Coordination Pilot

Springville-Griffith Institute Central School District Preparing Students with Learning Disabilities for Tomorrow \$47,081	2014 GRANTS PAID
Summit Educational Resources Triple P Evidence-Based Parent Training Curriculum	Fidelity House, Inc. Technology – Implementation
University at Buffalo Speech Language and Hearing Clinic Secret Agent Society Training Program	Martha's Vineyard Regional High School District Small Grant\$23,655
University Psychiatric Practice, Inc. Access to Psychiatrists through Intermediate Care	Pathways For Children, Inc. Technology – Implementation
Young Audiences of Western New York  A Rhythm Runs Through It (an Interdisciplinary Arts Experience)	Regional Capacity Building Initiatives Barnstable, Dukes, Essex and Nantucket Counties
Other	New York
The Poses Family Foundation The Parent Project	Cazenovia Recovery Systems, Inc. Small Grant
Vista Vocational & Life Skills Center, Inc. Vista Center for Artistic Expression	Child Care Network of the Niagara Frontier, Inc. Small Grant
STRENGTHENING OUR PARTNERS PORTFOLIO (Capacity Building)	Community Missions of Niagara Frontier, Inc.  Small Grant
Massachusetts	Campaign Manager\$56,250
Boston University -The Institute for Nonprofit Management and Leadership	Fellowship House FoundationTechnology - Implementation\$5,497
Core Certificate Program\$33,000  Community Action, Inc.	Gateway-Longview, Inc. Technology - Implementation
Small Grant	Heritage Centers
Essex County Community Foundation  Excellence in Nonprofit Practices	Technology - Planning
Family Services of Merrimack Valley, Inc. (formerly Family Service, Inc.) Technology – Implementation	Mental Health Association of Erie County Small Grant

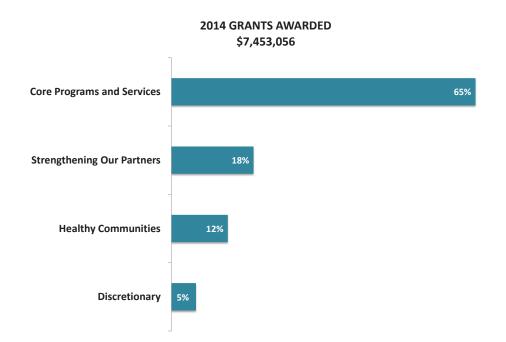
Mental Health Services of Erie County South East Corp V Technology – Implementation	
People Inc.Technology – Implementation\$92,330	
Preventionfocus, Inc. Small Grant	
<b>The Cantalician Foundation, Inc.</b> Small Grant	
United Cerebral Palsy Association of Niagara County, Inc. Technology - Implementation	
Villa Maria College Small Grant\$5,165	
Western New York United Against Drug and Alcohol Abuse, Inc Small Grant	
Regional Capacity Building Initiative Erie and Niagara Counties	

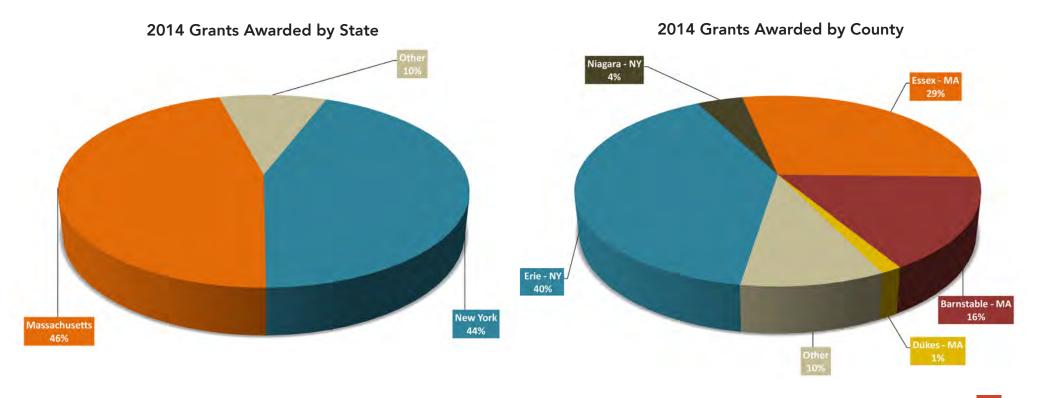


#### **HEALTHY COMMUNITIES PORTFOLIO**

#### Massachusetts

## 





**2014 GRANTS AWARDED** 

# 2014 Grants Awarded

CORE PROGRAMS AND SERVICES PORTFOLIO	New York
Massachusetts	Kids Escaping Drugs
Bay State Reading Institute Embedding Early Assessment & Identification	Alcohol & Drug Dependency Services (ADDS)  Program Acquisition
of Learning Disabilities	Buffalo City School District
Children's Friend and Family Services, Inc.	Project ADVOCATE \$225,000
Early Childhood Mental Health Initiative	Buffalo City School District Project INFORM
Class, Inc. Class Autism Program	Buffalo Hearing & Speech Center Early Childhood Screening \$60,000
Community Health Center of Cape Cod, Inc. Increasing Access to Behavioral Health Services	Cazenovia Recovery Systems, Inc.
Girls Inc. of Lynn Project Champ	Alcohol & Drug Dependency Services (ADDS) Program Acquisition
Gosnold, Inc. Student Intervention & Prevention Program	Daemen College Transition Services for Daemen College Students on the Autism Spectrum
Health Law Advocates  Juvenile Court Mental Health Advocacy Project (J-MHAP) \$365,377	Horizon Village Alcohol & Drug Dependency Services (ADDS)
Kennedy-Donovan Center	Program Acquisition \$150,000
Access Cape Cod	Mental Health Association of Erie County
Melmark, Inc. Adult Day Vocational Program	Child & Family Support Program (CFSP) Partnership with Psychiatric Hospitals
Sturgis Charter Public School Support for Inclusive Classrooms	Mental Health Services of Erie County South East Corp V Alcohol & Drug Dependency Services (ADDS)
Woods Hole Oceanographic Institution	Program Acquisition
Cape Abilities Collaborations Broadening Participation in Science	Mid-Erie Mental Health Services, Inc. Substance Abuse Initiative

Cradle Beach Camp, Inc.

Small Grant.......\$23,655

North Shore Education Consortium

Explore and More Children's Museum  Museum Planning Grant which includes	2014 GRANTS AWARDED
inclusive design for all children	
Heritage Centers Technology - Planning	Regional Capacity Building Initiatives  Erie and Niagara Counties
Holy Cross Head Start, Inc. Small Grant	HEALTHY COMMUNITIES PORTFOLIO
Horizon Health	Massachusetts
Small Grant \$20,000	Community Catalyst
Jericho Road Community Health Center Small Grant	Screening, Brief Intervention, and Referral to Treatment (SBIRT) Expansion
Kids Escaping Drug Small Grant	Health Law Advocate Advocacy Component of J-MHAP
<b>LaSalle Early Childhood Center, Inc.</b> Small Grant	National Center for Learning Disabilities Schools That Work: Response to Intervention
Mental Health Association of Erie County Technology - Implementation	and Multi-tiered System of Supports Framework for Success (RTI-MTSS)
Mental Health Association of Erie County Small Grant \$9,407	University of Massachusetts Boston Think College Transition Model for Students with Intellectual Disabilities
People Inc.Small Grant	New York
People Inc.Technology - Implementation\$124,480	Independent Health Foundation Primary Behavioral Integration for Health Care Reform
Preventionfocus Small Grant	Social and Emotional Curriculum and Coaching Initiative \$225,000  Px21
Villa Maria College Small Grant	Bridge Grant - Data Collection
WNY United Against Drug and Alcohol Abuse, Inc. Small Grant	DISCRETIONARY
Young Audiences of Western New York Technology - Implementation	Total Discretionary

## MISSION

The Peter and Elizabeth C. Tower Foundation supports community programming that results in children, adolescents, and young adults affected by substance abuse, learning disabilities, mental illness, and intellectual disabilities achieving their full potential. The Foundation is dedicated to societal impact through healthy communities and capacity building. We work diligently to foster a sense of empowerment and an environment of collaboration.

## **GEOGRAPHIC FOCUS**

The Tower Foundation remains focused on improving the lives of young people in the communities where Tower family members have lived, worked, and raised their children. Most grants support organizations or community- based collaboration in Western New York (Erie and Niagara Counties) and Eastern Massachusetts (Barnstable, Dukes, Essex, and Nantucket Counties).

## STAFF

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Executive Director

**Donald W. Matteson**Chief Program Officer

**Charles E. Colston, Jr.** *Program Officer* 

Nicholas G. Randell Program Officer

Megan T. MacDavey Program Officer

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**Dawn M. Pytlik**Office Manager/
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